

May 21 | Sunday

Birds & Bees Series: What the Bible says about it

Read [1 Thessalonians 4:1-9](#)



22 | Mon – Original intent | Read [Genesis 1:26-28 and 2:18-23](#)

In 1709, Bible scholar Matthew Henry wrote that Eve was “not made out of his [Adam’s] head to top him, not out of his feet to be trampled upon by him, but out of his side to be equal with him, under his arm to be protected, and near his heart to be beloved.” As a person living in the 21st century, how does this statement compare to your view of gender? Who or what has helped shape your beliefs?

23 | Tue – A good gift | Read [Genesis 2:24-25 and 29:31-30:24](#)

The Hebrew Bible was much more frank about sexuality than most church-going people tend to be. The Song of Solomon celebrates physical intimacy as a good and bonding gift from God. But Jacob’s story illustrates how sex, disconnected from love and commitment, can foster selfishness, jealousy and rivalry, causing much pain and dysfunction. In what ways does our culture separate sex from love and commitment? How can you intentionally push back against the belief that others exist for the purpose of meeting your needs?

24 | Wed – No distinction in value | Read [Luke 10:38-42 and Galatians 3:23-28](#)

Jesus lived in a culture that did not value women except for what they could produce. His attitudes and actions elevated the women he met. And Paul’s words in Galatians were a countercultural statement to his readers that men and women are equally valued in Christ. When Martha grumbled that Mary had stopped doing women’s work to do the work of learning from a teacher, what did Jesus say to her? What is he saying to you as well?

25 | Thu – An individual creation | Read [Psalm 139:13-16](#)

According to these verses God is not only a creator in the general sense of the word, He is a creator of the individual, starting at the moment of conception, watching over a child’s development. Do you believe that God intentionally created you with the gender, talents and abilities you have? How does that change the way you think about yourself? If God places such high value on you, is it being a little presumptuous to judge yourself...or others?

26 | Fri – Mercy over judgement | Read [John 8:2-11](#)

The religious leaders were almost silly in their attempt to trap Jesus. Two were caught in adultery but only the woman was brought to him. Was it because she was the powerless one? Jesus did not answer their direct question, instead turning the tables on the accusers. While sin should never be ignored, can you be as compassionate as Jesus was, looking past a behavior to the value of the person? Who might need your mercy today?

27 | Sat – Now what? | Read [1 Thessalonians 4:1-9](#)

Scripture is so practical, giving us specific ways to live the truth it teaches us. This is one example. God created you and called you to purity. How is it possible to avoid sexual immorality in a sex-saturated society? Only by the power of the Holy Spirit who helps you grow in the quality of self-control. It is a learned behavior; are you a willing student? If you fail a test, learn from your mistakes and don’t give up. This is how you honor God with your body.