

May 14 | Sunday

Birds & Bees Series: Healthy family life

Read [Joshua 24:14-15](#)



15 | Mon – A parent’s advice | Read [Proverbs 5:1-18](#)

Although the people to whom Proverbs was written did not have some of the in-your-face sexual temptations prevalent in our culture today, immorality is as old as dirt. These words from a parent to a son came with a warning about the dangers of falling into immoral behavior. Maybe it is not about “falling,” as much as it is about choices. What wise choices can you make today to keep yourself from being caught up in this kind of temptation?

16 | Tue – Childhood experiences | Read [Isaiah 49:13-15](#)

These verses show Israel’s wary, guarded response to God’s promises. Were you let down by a family member you trusted when you were a child? How has opening yourself up to God’s perfect love helped to heal any of the “trust” gaps left by your life experiences? On the other side of the coin, have you ever let someone down in your family, maybe a child to whom you made a promise? Would you say that you a safe person who can be trusted?

17 | Wed – ‘Different’ can be good | Read [1 Peter 1:13-16](#)

William Barclay, a Biblical scholar, said about this text: “The word for ‘holy’ is *hagios* whose root meaning is ‘different.’ The Temple is *hagios* because it is different from other buildings; the Sabbath is *hagios* because it is different from other days; the Christian is *hagios* because he is different from other [people]....There is laid on the Christian the task of being different.” How might your sexuality look *hagios* in contrast to the culture’s definition?

18 | Thu – A temporary home | Read [1 Peter 2:9-12](#)

Peter seems to be saying to the first Christians that they were “a chosen people” called out by God to live in ways that honor Him - called to a higher standard, living as though they were just temporary residents, headed for a permanent home in another “country”. Does this apply to us as well? To what extent are your choices (including those about lifestyle and sexuality) driven by God’s “otherworldly” values?

19 | Fri – What you believe is what you do | Read [Romans 12:1-2](#) and [9-10](#)

Holiness is not just in your heart - it includes what you do with your body. Paul urged the early Christians to make the sacrifices necessary to life in a clean, holy, and God-honoring way. So where does it start? In the brain. The things you hear, see, and read shape your perspective. The resulting choices and actions reflect the state of your mind. What can you do today to “renew” your mind and learn to see life from God’s view point?

20 | Sat – Everything you need | Read [2 Peter 1:3-8](#)

It can be intimidating to realize what a high standard God is calling us to live up to. Does it help to realize that you don’t have to do it alone? These verses are a reminder that God’s divine power has given you **everything you need** to live a godly life in every area. How is that possible? Through God’s great and precious promises. It starts by defining your need, asking for help, and then looking for those promises in God’s word that apply to that need. Where are you most vulnerable right now and want God’s help?